

Volleyball

Compiled by Tariq Lee and Tom Schad



RICKY CARIOTI/THE WASHINGTON POST

PLAYER OF THE YEAR

Maggie Phillips

Loudoun County / OH / Sr. With tremendous all-around skill and an unflappable demeanor, the 6-foot team captain led the top-ranked Raiders to a 31-0 record and their sixth state title in seven years. The repeat All-Met and 4A North region player of the year finished with 292 kills, 254 digs and 35 blocks. She ends her career with a school-record 963 kills. In her four seasons at Loudoun County, the Raiders won three state titles and went 114-4. Will play for Navy.

FIRST TEAM



OH Sydney Biniak
Howard / Sr.
Powerful and well-rounded hitter finished with 321 kills to lead Howard to its first county title in 30 years. Will play for Maryland.



OH Ally Ford
Flint Hill / Jr.
VISAA player of the year finished with 297 kills and 249 digs while guiding the Huskies to ISL AA, City and VISAA championships.



OH Morgan Perry
Glenelg / Sr.
Versatile attacker and three-time all-county pick posted 345 kills and 259 digs while steering the Gladiators to the Maryland 3A semifinals.



OH Shannon Williams
Stone Bridge / Jr.
Fierce competitor racked up 371 kills, good for second-most in the area, as the Bulldogs advanced to the Virginia 5A championship match.



MB Rhamat Alhassan
Holy Cross / Sr.
WCAC player of the year led the conference in kills (296) and blocks (78) in just her third year of competitive volleyball. Will play for Florida.



S Alex Andrejev
Langley / Sr.
Gatorade Virginia player of the year tallied 570 assists and 247 kills as the Saxons won their first state title. Will play for Columbia.



L Sarah Kenneweg
Poolesville / Sr.
Finished her decorated career with a team-record 1,043 digs while guiding the Falcons to their first state final since 2008. Committed to Seton Hall.



L Kelsey Slack
Loudoun County / Sr.
Backbone of the Raiders' defense had a team-high 359 digs and 259 service points. Also posted a school-record serve-receive rating of 2.34.

SECOND TEAM

Player	School	Yr.
OH Madison Carter	South River	Jr.
OH Paige Humphrey	Madeira	Sr.
OH Maggie Lavery	La Plata	Sr.
OH Annika Schwartz	Damascus	Sr.
MB Jane Feddersen	Loudoun County	Sr.
MB Erica Narel	Flint Hill	Sr.
S Kathryn Brown	Paul VI	Sr.
L Sarah Fairchild	Stone Bridge	Sr.

HONORABLE MENTION

Hitters: Rachel Andrejev, Langley, Jr.; Taylor Borup, Loudoun County, So.; Megan Conger, Good Counsel, So.; Alexis Coombs, Tuscarora, Jr.; Jessica Donaldson, Langley, So.; Ashlyn Dunlop, Stone Bridge, So.; Eliza Fisher, W.T. Woodson, Sr.; Sarah Girard, Glenelg, Jr.; Kara Glynn, Severna Park, Sr.; Libby Haslett, Stone Bridge, Sr.; Rachel Hendricks, Broad Run, Sr.; Kaitlyn Hillard, Churchill, Sr.; Sophie Hoekstra, Severna Park, Jr.; Sydni Horner, River Hill, Sr.; Brigid Morris, Walter Johnson, Sr.; Allie Orr, Arundel, Sr.; Makayla Roy, Sherwood, Sr.; Cathy Scamiffe, South County, Jr.; Caroline Skaff, Battlefield, So.; Chanel Underwood, Patuxent, Jr.; Lizzi Walsh, Magruder, Sr.
Middle blockers: Audrey Batcheller, Washington-Lee, Sr.; Sydney Busa, Heritage, Sr.; Cara Cunningham, Robinson, Sr.; Morgan McKnight, Flint Hill, So.; Dami Oloyede, High Point, So.; Nicole Profit, Sidwell Friends, Jr.; Rachel Snare, South County, Jr.
Setters: Rebecca Bateman, St. John's, Sr.; Allyson Conners, Poolesville, Jr.; Allie Fellows, Flint Hill, Jr.; Carly Marella, Damascus, Sr.; Sarah Nepini, Patuxent, Sr.; Rachel Pierson, South River, Sr.; Mandy Powers, Loudoun County, Sr.; Jessica Wang, Wootton, Jr.
Liberos: Taylor Austin, Broad Run, Sr.; Katie Byrne, Broadneck, Jr.; Alexis Coates, Wilson, Jr.; Kenzie Higareda, Forest Park, Jr.; Sisi Holderman, Langley, Sr.; Virginia Moore, Madison, Jr.; Marissa Roy, Madison, Jr.; Meagan Sanchez, Osbourn Park, So.



COACH OF THE YEAR

Susan Shifflett *Langley*

After losing her father to bone cancer at the beginning of the season, the 16th-year coach guided the Saxons to a 27-3 record and the team's first state championship. Langley swept 20 of its 30 matches, including the 6A title match against First Colonial.

About the photos

Washington Post photographer **Ricky Carioti** photographed the football offensive and defensive first teams and players of the year for all fall sports at Cardozo High in Northwest on an unseasonably warm early December day in the District. First-team headshots were taken by Carioti at The Post's office in Northwest Washington.

Editor: Matt Brooks. **Photos:** Ricky Carioti. **Copy editors:** Lacy Lusk and Greg Schimmel. **Designer:** Dan Worthington. **Video production:** Nick Plum, Synthesis/Koubaroulis LLC, in partnership with The Washington Post. **Web production:** Chris Rukan and Mitch Rubin. **The Washington Post high school staff includes:** Khari Arnold, Jason Butt, Keara Dowd, Chelsea Janes, Jacqueline Kantor, Tariq Lee, Angela Lewis, Joey LoMonaco, Dillon Mullan, Brandon Parker, Anthony Powell, Jake Russell, Kelyn Soong, Tom Schad and Roman Stubbs. **Special thanks:** Jim Leatherman and Cardozo High School.

Field Hockey

Compiled by Jacqueline Kantor and Joey LoMonaco



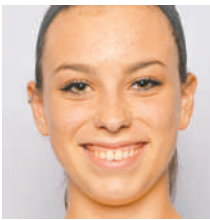
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PLAYER OF THE YEAR

Maeve Doherty

Severna Park / D / Sr. Three-year starter led the Falcons to their 21st state title. Anchored the Severna Park defense and contributed 10 goals and two assists on offense, including a goal in the state semifinal and final. Doherty was the centerpiece of the Falcons throughout her career and is a Junior Olympian, National Futures Athlete and a National Junior Indoor Team member. A multifaceted player with exceptional one-on-one skills, she displayed speed off the ball and the ability to score when her team needed her. Will play for Columbia.

FIRST TEAM



GK Sarah Holliday
Bullis / Jr.
Made 223 saves in 16 games. Had a 29-save shutout vs. eventual ISL champ St. Stephen's/St. Agnes. Orally committed to Maryland.



D Rachael Ulsh
Westfield / Sr.
Served as sweeper and designated stroke taker for the No. 1 Bulldogs. Had 10 goals on 20 shots and five defensive saves. Will play for Virginia.



D Anna Wagner
South River / Sr.
Part of a defense that allowed 13 goals in 17 games. Keyed transition and contributed two defensive saves, three goals and five assists.



MF Regan Littell
Broadneck / Jr.
MVP for the first Bruins team to beat South River in five years. Contributed nine goals and three assists in Broadneck's best season since 2008.



MF Morgan Philie
Glenelg / Sr.
Dartmouth-bound Junior Olympian started for three state title teams and contributed nine goals and eight assists for state semifinals.



MF Anna Rowthorn-Apel
Walter Johnson / Sr.
Leading scorer for the Wildcats with 16 goals and nine assists. Two-time Junior Olympian will play at Dartmouth.



MF Taylor Stone
Herndon / Jr.
First-team all-6A North region selection had 18 goals and 13 assists. Led the Hornets to consecutive winning seasons.



F Stephanie Asher
Glenelg / Sr.
Four-year starter is the second player in Howard County to score more than 100 career goals. Scored 36 this year, with six game-winners.



F Isabel Josephs
South County / Sr.
Senior captain and first-team all-6A North region pick scored 23 goals with 11 assists for the Stallions. Will play for Cornell.



F Emily Kenul
Sherwood / Sr.
Speedy attack had 29 goals and 16 assists as Sherwood reached its first state tournament since 1985. Will play lacrosse for Johns Hopkins.



F Katie Winesett
Westfield / Sr.
First-team all-6A North region pick scored 36 goals, including 13 game-winners, during the Bulldogs' run to their first state title.

SECOND TEAM

Player	School	Yr.
GK Kyler Zampiello	Chantilly	Jr.
D Sara Allen	Fairfax	Sr.
D Julia Jones	Bethesda Chevy-Chase Jr.	
D Sydney Southard	South County	Sr.
MF Haley Bowcutt	Annapolis	Sr.
MF Katelyn Rennyson	Westfield	Sr.
MF Alex Yokley	Wootton	Sr.
F Rachel Day	Atholton	Sr.
F Christi Geisler	McLean	Sr.
F Emily McNamara	Westfield	Jr.
F Gabrielle Yore	Sherwood	Sr.

HONORABLE MENTION

Goalkeepers: Mac Anderson, Fairfax, Sr.; Erin Feddersen, Great Mills, Sr.; Sophia Hamilton, Marriotts Ridge, Sr.; Kelly Johnson, Glenelg Country School, Sr.; Naomi Johnson, South River, Sr.; Liz Mata, Severna Park, Sr.; Christina Ricciuti, Sherwood, Sr.; Alyssa Thompson, Broadneck, Sr.
Defenders: Dani Averil, Wootton, Sr.; Tatiana Bodnar, Old Mill, Jr.; Kayla Brisolari, Spalding, Jr.; Kathryn Cavallo, St. Stephen's/St. Agnes, Sr.; Rachel Feidelman, Quince Orchard, Sr.; Kristyn Gaines, Holy Cross, Sr.; Grace Horgan, Westfield, Sr.; Rachel Maizel, Wootton, So.; Brittan Muir, West Springfield, Jr.; Zoe Smith, South River, Jr.
MF: Katie Bergamesca, Holton-Arms, Sr.; Cori Black, Fairfax, Jr.; Sophie Davidson, St. Stephen's/St. Agnes, Sr.; Kallie Drewyer, Stone Ridge, Jr.; Abigail Finkelston, Leonardtown, Sr.; Kendall Lupinek, Broadneck, Sr.; Jessica Mays, Bullis, Jr.; Megan Moore, Arundel, Sr.; Jessica Reeves, Chantilly, Jr.; Olivia Reiter, Severna Park, Jr.; Erica Smedberg, South County, Sr.; Kelly Stegner, W.T. Woodson, Sr.; Jessica Valvano, Severna Park, Jr.; Ashley Wong, Clarksburg, Jr.
Forwards: Allie Band, Wootton, Sr.; Jennifer Bleakney, Atholton, Jr.; Emily Freeman, Fairfax, Sr.; Alex Grace, Foxcroft School, So.; Elaine McCabe, Good Counsel, Sr.; Margaret Maclean, Centennial, Sr.; Sofia Palacios, Herndon, Jr.; Ally Pollak, Arundel, So.; Hannah Repke, Potomac School, Sr.; Erin Shanahan, Spalding, So.; Megan Taylor, Glenelg, Jr.; Sapphire Tubbs, St. Stephen's/St. Agnes, Sr.; Tianna Wallpher, Mount Hebron, Sr.; Katie Ward, Georgetown Visitation, Sr.; Kayla White, South River, Jr.



COACH OF THE YEAR

Kearney Blandamer *Wootton*

Led the Patriots to their first state final appearance since 1978 and a one-loss season for the second year in a row. Has led two Montgomery County teams to the state final and amassed a 37-7-1 record in three years at Wootton.