## GIRLS' OUTDOOR TRACK & FIELD Compiled by Dan Roth



## ATHLETE OF THE YEAR **Kate Murphy**

Lake Braddock / Jr. Six-time All-Met anchored Lake Braddock to a win in the Penn Relays Distance Medley Championship of America in 11 minutes 36.52 seconds, the fourth-fastest time in the 122-year history of the event. Two-time Indoor Track and Field Athlete of the Year also anchored the Bruins' 4x800 team to victory at the 6A North region meet to set a U.S. No. 3 time of 8:57.61. Set a U.S. No. 2 in the 1,600 (4:42.31) at the LB Hall of Fame Invite and closed out her season by posting a U.S. No. 6 2:06.70 in the 800 at the Virginia 6A state championships.

## FIRST TEAM



Madeleine Akobundu DuVal / Sr. Won the long jump and 100 hurdles while finishing third in the 100 at the Md. 4A state meet. Holds Md. No. 1 long jump (20 feet 6.5 inches) and 100 hurdles

(13.96).



Reagan Bustamante

West Springfield / Sr.

Won the 1,600 state

championships with a

Clocked a Va. No. 3 800

title at the Va. 6A

Va. No. 3 4:51.97.

(2:10.20) at the 6A

North region meet.

Rachel McArthur Patriot / Jr. Blazed a Va. No. 1 and all-time No. 3 800 in 2:06.54 to win the Va. 6A state title and clocked a Va. No. 1 and U.S. No. 4 outdoor mile in 4:47.09 to take first at the Southern Track Classic.









**Alexus Pyles** Clarksburg / Sr. Swept the triple jump, 100 hurdles and 300 hurdles at the Maryland 4A West region meet. Demonstrated versatility throughout the season with events.

**Maria Coffin** 

Ran Md. No. 1s in the

1,600 (4:56.91) and

Anne Arundel County

championships and

Md. 4A state meet.

3,200 (10:36.64) at the

swept both events at the

Annapolis / Jr.



**Stephanie Davis** 

Riverdale Baptist / Jr.

Top sprinter in the area

posted Md. No. 1100

(11.54) at the Central

Mullins-Russell

Invitational.

HS Invitational and Md.

No. 1 200 (24.03) at the

Masai Russell Bullis / So. Bolted to a Md. No. 1 400 in 55.57 to help the Bulldogs to their third consecutive ISL title. Posted a Md. No. 5 300 hurdles (44.45) at the Screaming Eagles Invitational.



Lauren Hoffman

Dominated hurdles at

the Virginia 6A North

winning the 300 and

clocking 13.84 in the

100 to break the meet

region championships,

Battlefield / Jr.

record.

Thea Shaw Eastern / So. Dominated the DCIAA and DCSAA championships, winning three events and finishing second in one at each meet. Ran a D.C. No. 1 in the 300 hurdles.



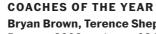
Weini Kelati Heritage / Jr. Ran a U.S. No.1 3,000 in 9:19.91 to win at Penn Relays and a U.S. No. 1 3,200 in 9:53.40 at the Dogwood Track Classic. Took first in the 3,200 at Virginia 4A state meet.

## HONORABLE MENTION

Erin Andrewlevich, Patriot, Sr.; Sydney Banks, Osbourn Park, Fr.; Cori Brown, Northwest, Fr.; Jamila Brown, Wilde Lake, Sr.; Kelisa Cain, St. Mary's Ryken, So.; Leondra Correia, Northwest, Sr.; Skyla Davidson, Lake Braddock, Jr.; Ayana Dozier, Dunbar, Sr.; Kasey Ebb, St. John's, So.; Mary Foday, Central, Sr.; Alexus Foreman, T.C. Williams, Sr.; Abigail Green, Walter Johnson, So.; Khallah Griffin, Riverbend, Jr.; Kelsie Hao, Langley, Jr.; Lauryn Harris, Bullis, Fr.; Emily Harrison, Battlefield, Jr.; Gabrielle Hayes, Osbourn Park, Jr.; Zakyrah Haynie, Wilson, Jr.; Heather Holt, Marshall, So.; Taia Honay, Hylton, So.; Oluchi Ike, C.H. Flowers, Sr.; Annie Imhof, Great Mills, Jr.; Brit Lang, Oaldand Mills, Sr.; Page Lester, National Cathedral, So.; Sarah Little, Westfield, So.; Natale Lott, Westfield, Jr.; Georgie Mackenzie, Heritage, Sr.; Micah Meekins, Marriotts Ridge, Sr.; Maria Muzzio, Robinson, Sr.; Destiny Nash, McKinley Tech, Fr.; Pharist O'Neal, C.H. Flowers, Jr.; Taylor Parker, Largo, Sr.; Alexis Postell, Bullis, Jr.; Christina Quigley, South County, Sr.; Julia Reicin, Churchill, Jr.; Arianna Richards, Bullis, So.; Sydney Robinson, River Hill, Fr.; Alahna Sabbakhan, St. John's, Fr.; Izabella Sabharwal, National Cathedral, Jr.; Jacqueline Simmons, Seton, Jr.; Bethlehem Taye, Paint Branch, Sr.; Katherine Treanor, Georgetown Day, Sr.; Sydney Williams, Lackey, Jr.



victories in six different



**Bryan Brown, Terence Sheppard** C.H. Flowers Brown, a 2006 graduate of C.H. Flowers and an employee of the federal government, and Shepherd, a Prince George's County police officer, represent two coaches of an 11-member staff that helped lead the Jaguars to their first 4A state title since winning back-to-back indoor and outdoor titles in 2010. The others coaches: Katherine Forrester Anderson, Casaundra Bouldin, Henry Brady, Bradley Brown, Rob Davis Jr., Rob Moore Sr., Carlyle Rose, Noelle Smith and Dwayne Vaughan.



Seasons Usual Douglass / Jr. Won the discus (Md. No. 1146 feet 10 inches) and shot put (41-5.5) at Maryland 2A state meet and launched Md. No. 1 shot put (43-1.5) at Largo Lion Invitational.



**Taylor Wright** Northwest / Fr. Leaped 39 feet 2.75 inches to win the triple jump and had two second-place finishes in the 100 and 200 at the Maryland 4A state championships.



4x100	Elizabeth Seton (Danielle Rochester, Jacqueline Simmons, Chynna Savoy, Lauren Morgan) 47.10
4x200	C.H. Flowers (Collese Daley, Pharist O'Neal, Hannah White, Nelana James) 1:39.74
4x400	Bullis (Mia Gyau, Masai Russell, Lauryn Harris, Sierra Leonard) 3:46.31
4x800	Lake Braddock (Shannon Browning, Samantha Schwers, Madison Tippet, Kate Murphy) 8:57.61