

GOLF

COMPILED BY JASON BUTT AND BRANDON PARKER



GOLFER OF THE YEAR Shannon Brooks

Madison / Sr. Tennessee recruit capped stellar career by winning all 11 events she entered. Those victories included her second Virginia girls' state open by a seven-stroke margin, the 6A North region crown with a 9 under par and the Conference 6 title. The four-time all-state selection averaged a score of 68.4 with solid ball striking and deft putting.

FIRST TEAM



Michael Blasey
Landon / Sr.
Shot a 2-under-par 70 to take first at Metros and lead Landon to its first team title since 2000. All-IAC golfer will play at Davidson.



Nathan Chuwait
Jefferson / Jr.
Two-time All-Met finished second at both the Virginia 5A North region and state tournaments, with the latter decided by a playoff.



Ashley Dingman
South County / Sr.
Delaware recruit was first at the Virginia 6A state tournament and second at the girls' state open. Set school scoring mark with a 65.



Morgan Egloff
Landon / Sr.
Repeat All-Met and Loyola signee captured his first individual IAC crown and set a new school scoring record with a 36.4 average.



Graham Hutchinson
Whitman / So.
District champ went wire-to-wire as the overall winner at the Maryland state tournament with a two-day score of 1 under par.



Charles Musto
Paul VI / Jr.
WCAC player of the year was lone finisher under par with a 1-under 70 to win the conference title. Had finished second last year.



Chris Navarro
Spalding / Sr.
Four-time All-Met became second three-time winner of MIAA title and helped the Cavaliers defend the team crown. Will play at Maryland.



Delaney Shah
Wootton / Jr.
After finishing as runner-up last year, Shah won the Maryland girls' state title by four strokes. Also earned All-Met honors in 2014.



Adam Szwed
Woodbridge / Sr.
Four-time Virginia state tournament qualifier finished second at this year's 6A event. Longwood recruit also won the 6A South region title.



Brandon Weaver
Loudoun Valley / Jr.
Virginia 3A state and East region champion tied a school record with a score of 66. Led Vikings to second place in 3A/4A tournament.

HONORABLE MENTION

Brandon Berry, Langley, So.; Bennett Buch, Marriotts Ridge, Jr.; Phil Colevas, Richard Montgomery, Sr.; Lee Detmer, St. Albans, Sr.; Kurt Funkhouser, Dominion, Sr.; Vishal Giri, Chantilly, Sr.; Adam Gray, Churchill, Jr.; Reynolds Griffith, Episcopal, Sr.; Jason Guintu, Potomac Falls, Jr.; Sam Jung, Chantilly, Fr.; Evan Katz, Landon, So.; Julie Luo, Jefferson, Sr.; Spencer Magladry, Good Counsel, Sr.; Chad McCann, Battlefield, Sr.; Sydney Mills, Spalding, Jr.; Noah Moss, Walter Johnson, Jr.; Chase Nalls, Gonzaga, So.; Matt Nicoletti, Sidwell Friends, Sr.; Dylan Rotter, Churchill, Fr.; Evan Santa, Dellathas, Sr.; Luke Schaap, Churchill, Jr.; Chad Stocks, Tuscarora, Sr.; Stefan Suh, Westfield, Jr.; Thomas Truluck, Tuscarora, Sr.; Teddy Zinsner, Gonzaga, So.



COACH OF THE YEAR John Caulfield

South County
Eighth-year coach guided the Stallions to their first Virginia 6A state championship by a margin of 11 strokes, following up on last year's third-place finish. While at the helm, his teams have recorded four straight conference titles, seven region tournament appearances and a 52-4 regular season mark.

GYMNASTICS

COMPILED BY MICHAEL SMITH



PHOTOS BY JONATHAN NEWTON/THE WASHINGTON POST

GYMNAST OF THE YEAR Rachel Barborek

Fairfax / Sr. Won the Virginia state all-around championship with a dominating performance in which she swept the floor, beam and bars exercises. Posted a final score of 38.700; her lowest score on an event was 9.550. Was a late addition to the state tournament field after another gymnast could not participate. Barborek stopped competing in club gymnastics after her sophomore year but has remained one of the best high school gymnasts in the area.

FIRST TEAM



Elizabeth Brown-Kaiser
McLean / Sr.
Captain of Virginia 6A champs placed third in the all-around at Conference 6 meet and was named the outstanding senior gymnast by judges' association.



Sophie Hatcher
Washington-Lee / Sr.
Versatile senior won the all-around championship at the Conference 6 and 6A North region championships and placed fifth at the Virginia state meet.



Toni Williams
Sherwood / So.
Montgomery County championships runner-up competed last month at the U.S. National Junior Olympics in Des Moines. Committed to Rutgers.



Sydney Wrighte
Freedom-South Riding / Fr.
Level-10 gymnast won the all-around titles at the Conference 14 and 5A North region meets. Took first in each individual category in which she competed.

HONORABLE MENTION

Anna Broussard, Freedom-South Riding, Jr.; Shailee Bruck, Blair, Sr.; Phylicia Cooper, Blake, Fr.; Cassidy Deerin, Sherwood, Sr.; Ellie Dreyer, W.T. Woodson, Fr.; Libby Gensler, Bethesda-Chevy Chase, Sr.; Marina Gonzalez, Springbrook, Sr.; Jacqueline Green, McLean, Sr.; Annie Hatcher, Washington-Lee, Sr.; Lila Hobby, Whitman, Sr.; Katarina Jones, Oakton, Sr.; Monique Mendez, Walker Johnson, Sr.; Victoria Miner, Loudoun County, Sr.; Molly Overstreet, Hayfield, Jr.; Ania Pasternak, Sherwood, So.; Claire Petit, Tuscarora, So.; Morgan Stahl, Marshall, Sr.; Julia Thoppil, Tuscarora, So.; Courtney Walker, Heritage, Sr.; Natalie Weaver, Oakton, Fr.



COACH OF THE YEAR Courtney Lesson

McLean
Sixth-year coach led the Highlanders to a blistering three-week run that culminated with a Virginia state championship. Over that span, McLean swept the Conference 6, 6A North region and 6A state titles.